

About Us

TAY is a program for emerging adults ages 15-24. Here, we elevate youth to be active agents in their own mental health.

TAY offers counseling when and where a youth needs it. We work with youth to create a plan that will help them to stabilize and achieve their goals. Treatment is outcome-based, individualized and adaptable to meet their specific needs while also being informed by the research on the most effective interventions.

TAY offers a treatment team approach for those in need of more intensive services. Youth with multiple systems involvement benefit from care coordination that helps navigate needs and work towards youth-inspired outcomes. Peer counseling supports youth and families with new skills learned in therapy to overcome barriers and maintain recovery.

Who?

TAY can serve youth who:

- Are ages 15-24
- Live in Thurston or Mason County
- Are receiving Medicaid*
- Are experiencing challenges that can be addressed through mental health counseling.

*Limited availability for youth without Medicaid

What?

All TAY Services are home, school, or community based and can include:

- Individual Counseling
- Psychotherapy
- Co-Occurring Treatment
- Risk & Harm Reduction
- Peer Counseling
- Family Counseling
- Psychiatric Support
- Medication Management
- Crisis Intervention and Prevention
- Linkages to Community Services
- Skill-building
- Caregiver Support
- 24/7 Crisis Intervention
- Wraparound Support

Engaging

TAY offers a treatment team tailored to each youth's individual needs to best support them in achieving their treatment goals.

Flexible

Services are provided in the location or setting that works best for the youth & family.

Evidence-Based

We use interventions that have been proven to be effective and track individual progress throughout treatment.

Strength-Based

We focus on building up strengths that youth can utilize to drive their own success.

Youth-Driven

Treatment is informed by research to meet the unique needs of adolescents & young adults, empowering them to be active participants in their treatment and goal-setting.

Integrated Services

Cross-systems care coordination, team-based medication services, & integration with other CYS programs to meet their basic needs.



Anyone can make a referral to TAY services.

Call: (360) 918-7860 | Text: (360) 701-8981
Email: ICD@communityyouthservices.org

Locations

914 7th Ave SE, Olympia, WA 98502
601 W Franklin Ave, Shelton, WA 98584

Scan for more information and an online referral form:



About Community Youth Services

Our History

Community Youth Services was founded in 1970 as a small, non-profit social service agency. Since that time, it has grown steadily, developing responsive and innovative programs to meet the needs of high-risk youth and families in our community. Today, CYS offers more than 20 programs that service more than 6,000 people annually.

Our Mission

Community Youth Services empowers youth at-risk and their families to meet their goals for safety, stability, belonging and success by providing a continuum of individualized services and advocacy.

Our Vision

We envision every child growing up in a supportive home and community and achieving their full potential for personal growth.

TAY

Transitional Age Youth Support Program