The Juvenile Court and Detention Transition Program (JCDT) is a collaboration between the Juvenile Courts and Detention facilities of Mason and Thurston counties, the Thurston Mason Regional Support Network (RSN), and Community Youth Services (CYS). The JCDT Program is voluntary and designed to provide Rehabilitative Case Management Services to youth who are in Juvenile Detention facilities who are experiencing mental health challenges. The JCDT Program assists with discharge planning from detention facilities to link youth and their families to appropriate community-based resources. The overarching goal of the JCDT program is to reduce recidivism and to reduce further involvement in the Juvenile Justice system by connecting youth with services to address their mental health needs.

The JCDT Clinical Transition Specialist is a Mental Health Professional employed by Community Youth Services. They are able to provide numerous services to youth while in Juvenile Detention.

**Services**

When a youth in detention appears to be experiencing mental health symptoms, the Clinical Transition Specialist can meet individually with the youth in the facility to provide assessment, brief intervention, and/or linkages. These may include:

**JCDT Assessment**
Using motivational interviewing techniques, the Clinical Transition Specialist completes an assessment of the youth’s symptoms, previous engagement in services, current needs and strengths, and existing supports.

**Brief Intervention**
For youth with longer stays in detention, the Clinical Transition Specialist may provide brief therapy around engagement in services, emotional self-regulation around anxiety and anger, or psychoeducation about their symptoms and corresponding treatment. These services are dependent on availability.

**Family Services**
Whenever possible, time and access allowing, attempts are made to reach out to the youth’s caregiver to enhance services to the youth and connect caregivers with needed resources for support.

**Linkages**
The Clinical Transition Specialist collaborates with the youth’s Probation Officer to gather historical information and decide which services would likely be beneficial to refer the youth or family to in order to address any unmet needs. Releases of Information to coordinate care are requested from the youth, although this is not a requirement to participate in JCDT services.

**Mental Health Assessments**
When applicable, the Clinical Transition Specialist can provide Mental Health Assessments to assist youth enrolling into services at CYS. Brief Mental Health Assessments with provisional diagnosis may also be provided for court proceedings to assist with understanding the mental health challenges the youth may be facing. The intended purpose of the assessment must be clearly stated and a Release of Information must be obtained. Please allow a minimum of five working days to see the youth and provide the written assessment. Youth in need of full Psychological Evaluations, or “Safe to be at large” assessments will be referred to those services where available.

**Services (continued)**

When there is concern that a youth in detention experiencing significant suicidal or homicidal ideation, the Clinical Transition Specialist can provide intervention services. These may include:

- Brief Risk Assessment to augment the Detention’s Risk Assessment and protocols when necessary to address the needs of the youth
- Safety Plan with the youth and detention staff for while the youth is in detention
- Community Safety Plan for use post-release
- Consultation with the DMHP when Detention staff request an evaluation for hospitalization. Behavioral Health Resources provides DMHP services.

**Requests to Appear in Court**
Court or Probation staff may request the Clinical Transition Specialist appear in court concerning a youth that is receiving JCDT services. A Release of Information must be obtained by the youth. Information about the reason for the request and intended purpose should be clearly stated.

**Consultation and Training**
JCDT also provides supports to staff in the Juvenile Justice system to assist them in identifying and addressing the needs of youth they serve that are experiencing difficulties pertaining to their Mental Health.

**Consultation**
The Clinical Transition Specialist can provide general consultation, or consultation specific to a youth, to address Mental Health symptoms that youth in Juvenile Justice may be experiencing. This can be formal or informal and is at the request of Juvenile Justice staff or supervisors.

**Training**
JCDT provides professional development training to Juvenile Justice staff around Mental Health Issues such as: Awareness, Identification, De-escalation Strategies, Effective Behavioral Interventions, Trauma, Child/Adolescent Development, etc.
Our History
Community Youth Services was founded in 1970 as a small, non-profit social service agency. Since that time, it has grown steadily, developing responsive and innovative programs to assist youth from diverse backgrounds in realizing their potential and developing a sense of responsibility to themselves and their community as they make the transition into a healthy and productive adulthood.

Our Mission
Community Youth Services supports at-risk youth and families in meeting their needs for health, safety, security, and community.

Our Vision
We envision a community where every child grows up in a loving home and supportive neighborhood and is able to achieve his or her full potential.

Other CYS Programs
- AmeriCorps Youth in Service
- Crisis Family Intervention Services
- Comprehensive Assessment Program
- Family Preservation Services
- Foster Care Assessment Program
- Independent Living Skills
- Juvenile Diversion
- MultiSystemic Therapy
- RISE Transitional Housing Program
- Rosie’s Place Resource Center
- Street Outreach
- Transitional Aged Youth
- Therapeutic Foster Care
- Washington Reading Corps

Referral Information Requested
- Name of Referent
- Title of Referent
- Thurston or Mason County?
- Name of Youth
- Youth’s Date of Birth
- Date Entered Detention
- Estimated Discharge Date
- Reason for referral/areas of concern

Who Can Make a Referral
Youth can self-refer or be referred by detention, probation or the court

How to Make a Referral
To refer a youth, complete the referral form or contact the Clinical Transition Specialist and provide the required information on the form:

PH: 360-709-3191
Fax: 360-943-0785
JCDT@communityyouthservices.org

Youth will be prioritized based on level of need and anticipated time of release.

Referral Information

JCDT
Juvenile Court and Detention Transition Program

Mason and Thurston Counties

... a Voluntary Program for youth involved with Juvenile and Court Detention Services.