

ILS Monthly

"We believe in strengthening our communities by empowering youth and families to create their own success." We acknowledge the ancestors past, present and future, of the Coast Salish peoples, specifically the Nisqually, Cowlitz and Squaxin Island nations, who are the original and rightful stewards of the land where we live and work.

ILS is Back to School!

School is back and fall is right around the corner!

First Year College Students – As you are solidifying your class schedule for fall quarter there are many supports on your college campus. It's ok if you don't have everything figured at your college but make sure to reach out to campus resources for help. On campus staff are invested in your success!

High school seniors – For those of you planning to attend community college or 4-year university, we've put together some recommended items to accomplish.

For those accessing our Newsletter on smart phones or computers, clicking the names of each resource will take you to their website!

Resources to Check Out:

[Thurston Co. Food Bank](#) |

360-352-8597

[Gather Church](#) | 360-827-0264

[Lewis County Food Bank Coalition](#)

360-330-1519

[Saint's Pantry](#) | 360-427-8847

[The Youth Connection](#) | 360-462-

0125

receptionist@youthconnectionwa.org

[Crisis Clinic](#) | 360-586-2800

Salvation Army:

[Olympia](#) | 360-705-2850

[Centralia](#) | 360-736-4439



New Directions. Brighter Futures.

College Freshmen: Campus Resources

- Passport to Careers Program—Designated support staff (DSS) are located at most colleges within the Washington state. DSS are available to support eligible foster care students with navigating their way through college includes assistance with housing during school breaks and summer as well as help with finding on campus employment, and much more. Check the [Passport to Career's Guide](#) online for more information.
- TRiO Student Support Services (TRiO SSS) Program—Available for low-income, first-generation, foster care, or students with disabilities at most community and four-year colleges. Eligible students could access tutoring, learning study skills, academic counseling, college navigation, social and cultural events, etc. Check out your college's website for more information.
- Campus Disability Service Offices—Provides assistance with accommodations for students with disabilities. Check out your college's website for more information. First Year Experience—Opportunity offered at several colleges that can help with transitioning into your first year of college. Check out your college's website for more information.
- On Campus Resources—Several college campuses offer the following resources: tutoring in different subjects like math and writing, career counseling, academic advising, mental health counselor, health facility, etc. Check out your college's website for more information.



Dates to Remember:

September 4th – CYS Offices Closed for Labor Day

September 11th – Mason County Drop-In

Hours 12pm-4pm

601 W Franklin St. Shelton, WA 98584

September 18th - Lewis County Drop-In

Hours 12pm-4pm

414 N Tower Ave Centralia, WA 98531

September 26th - Mockingbird Olympia Chapter Meeting

3:30pm-5:30pm

Open to all in the Peninsula Region

Ask How to Attend Virtually!

September 27th - Thurston County Drop-In

Hours 12pm-4pm

711 NE State Ave Olympia, WA 98506

Contact us!

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360-515-6559
- **Alyssa Lyngaas**
ILS/SETuP Case Manager
360-701-4429
- **Nick Guzman**
The Mockingbird Society Outreach
and Engagement Manager
971-259-8625

Cassie Horn's last day with the ILS and SETuP programs was August 25th.

High School Seniors: College Prep Tips!

- **Add to your calendar standardized test registration dates and test dates; college admission deadlines; and financial aid/scholarship deadlines -Start folders to file all of your letters/email conversations with college, financial aid, and scholarship representatives.**
- **Register for ACT and/or SAT tests taking place in the months of September or October. If you need assistance with testing fee, ask your high school counselor for a test fee waiver.**
- **Stay involved or get involved with clubs and/or extracurricular activities (Ex: Mockingbird Society, ILS, SETuP, etc.)**
- **Pick your top 5 colleges and start working on the online applications.**
- **Research and apply for scholarships. Where can you find scholarships? Here are a few ideas:**
 - Use this free online scholarship search website called "The Washboard" at <http://www.thewashboard.org/login.aspx>
 - Talk with your high school counselor.
 - Find out from for profit businesses (Ex: Target, etc.) or non-profit organizations (Ex: CYS, local religious or community organizations, etc.) if they offer scholarships to students