

# ILS Monthly

**“We believe in strengthening our communities by empowering youth and families to create their own success.” We acknowledge the ancestors past, present and future, of the Coast Salish peoples, specifically the Nisqually, Cowlitz and Squaxin Island nations, who are the original and rightful stewards of the land where we live and work.**

## Fall into ILS!

It is officially fall and we are so excited for the change of season! Not only are we bringing you an action-packed newsletter full of meaningful ILS resources and events in your area this month, but we have also found community postings in all three counties for fun fall activities!

So, get out there and have a blast this fall! For events in Thurston County, check out [Thurston Talk's](#) website! For Mason County events, look to this [Facebook page](#) created by the community! And for happenings in Lewis County, visit [Discover Lewis County's](#) events page!

For those accessing our Newsletter on smart phones or computers, clicking the names of each resource will take you to their website!

### Resources to Check Out:

[Thurston Co. Food Bank](#) | 360-352-8597  
[Gather Church](#) | 360-827-0264  
[Lewis County Food Bank Coalition](#)  
360-330-1519  
[Saint's Pantry](#) | 360-427-8847  
[The Youth Connection](#) | 360-462-0125  
[receptionist@youthconnectionwa.org](mailto:receptionist@youthconnectionwa.org)  
[Crisis Clinic](#) | 360-586-2800  
Salvation Army:  
[Olympia](#) | 360-705-2850  
[Centralia](#) | 360-736-4439

## WorkSource

WorkSource will be hosting hospitality cohorts to youth ages 17-24. These two-week training opportunities will allow young people to earn a Food Handler's Card, MAST Alcohol Permit, and a Gold Star Customer Service Certificate. There will be a Thurston County Cohort 10/9-10/20 in Tumwater, and a Lewis County Cohort 10/23-11/3 in Centralia. Reach out to your ILS Case Manager for more info!

## Career Mentoring Exploration

Big Brothers Big Sisters of Southwest Washington has a mentorship program available for high-school aged students up to 20 years old who are interested in being mentored in one of the following fields:

- Distribution and Logistics (Lacey)
- Construction and Property Management (Olympia)
- Architecture (Olympia)
- Finance and Real Estate (Olympia)
- Forestry and Natural Resources (Shelton or Aberdeen)

Applications will be open now until late October.

For more information, please check out [Big Brothers Big Sisters](#) website.



### Dates to Remember:

**October 2<sup>nd</sup> - Mason County**  
**Drop-In Hours 12pm-4pm**

601 W Franklin St. Shelton, WA 98584  
October 9<sup>th</sup> - CYS offices will be closed in observance of Indigenous Peoples Day

**October 16<sup>th</sup> - Lewis County**  
**Drop-In Hours 12pm-4pm**

414 N Tower Ave Centralia, WA 98531  
**October 24<sup>th</sup> - Mockingbird**  
**Olympia Chapter Meeting**  
**3:30pm-5:30pm**

Open to all in the Peninsula Region  
Ask How to Attend Virtually!

**October 25<sup>th</sup> - Thurston County**  
**Drop-In Hours 12pm-4pm**  
711 NE State Ave Olympia, WA 98506

## Contact us!

- Veneza Tena  
ILS/SETuP Program  
Coordinator  
360-515-6559
- Alyssa Lyngaas  
ILS/SETuP Case  
Manager 360-701-4429
- Nick Guzman  
The Mockingbird  
Society Outreach and  
Engagement Manager  
971-259-8625



## Adulting 101!

Check out this upcoming class put on by Family Education & Support Services. The class is free to those ages 13-25 and will be taught in Tumwater, in person, once a week, Wednesdays 3:30-5:30 from October 11<sup>th</sup> to November 8<sup>th</sup>. According to their website, “Adulting 101 is a course designed to assist young people to learn, grow, and practice the skills needed to work towards or improve independence.”

Sign up on [Family Education & Support Services'](#) website.